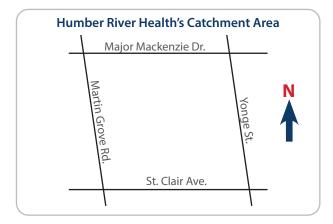
# How do I refer my child to this program?

We accept referrals from HRH doctors. We also accept referrals from non-HRH doctors caring for a child living in the hospital catchment area.



To refer your child to the Occupational Therapy Program at Humber River Health, your child's doctor can fax a referral to:

Fax: (416) 242-1095

When we receive a referral, we will place your child's name on a waiting list and then contact you when an appointment time becomes available. At the first visit, we will assess your child's skills and look at treatment options based on the results and your family's needs.

# For more information, please contact:



## Occupational Therapy Program Humber River Health

Paediatric Outpatient Clinic 4th floor, 1235 Wilson Ave., Toronto, ON M3M 0B2

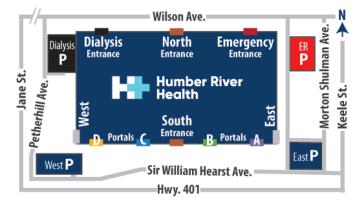
Tel: (416) 242-1000 ext. 21400

Enter the hospital through the West Entrance or Portal of Care C, then take the West Outpatient Elevators to the 4th floor.



Maternal and Child Program

# Occupational Therapy for Children



1235 Wilson Ave., Toronto, Ont., M3M 0B2

### English

This information is important! If you have trouble reading this, ask someone to help you.

#### Italiar

Queste informazoni sono importanti! Se ha difficoltà a leggere questo, chieda aiuto a qualcuno.

#### Spanish

¡Esta información es importante! Si tiene dificultad en leer esto, pida que alguien le ayude.

www.hrh.ca

Humber River Health www.hrh.ca

# What is Occupational Therapy for Children?

Occupational therapy helps children develop the skills they need to participate in play, in caring for themselves (such as dressing and feeding), and in school activities (such as printing or drawing).

At Humber River Health's Occupational Therapy program, we may:

- · Assess your child
- Treat your child
- Consult with families and other health care professionals who take part in your child's care.



## Who can benefit from this program?

This program is for children, from birth to 10 years of age, who are showing delays in, or are having trouble developing, the following skills:

**Fine-motor skills:** These are small movements, such as holding a pencil, cutting with scissors, or using a spoon or fork.

**Gross-motor skills:** These are larger body movements, such as walking, running, jumping, or kicking.

**Self-care skills:** This includes skills such as feeding and dressing.

**Sensory processing skills:** These skills relate to how a child responds to sensations, like touch or movement.

## Visual-motor skills or Perceptual-motor skills:

These skills relate to hand-eye coordination, such as writing or drawing.





The program can also help your child if your child has been diagnosed with one or more of the following:

- Global Developmental Delays
- Autism Spectrum Disorders
   (Note: your child must be able to take part in activities and follow simple directions)
- Learning Disorders, with fine-motor or grossmotor delays
- Developmental Coordination Disorders.

Unfortunately, the program is not suitable for all children. We cannot accept referrals for children who have muscle or bone conditions, or primary neurological disorders (such as Cerebral Palsy, Spina Bifida, or Juvenile Rheumatoid Arthritis).